

## Burgan Bank Champions Mental Wellness with Launch of Emotional Aid Workshop

*Confirming its commitment to fostering a supportive work environment, in line with its role as a certified Great Place to Work®*



*Ms. Zahra Boarki, Senior Manager – Internal Communication at Burgan Bank*



*Burgan Bank senior staff during the Emotional Aid workshop, held in collaboration with Anara Mental Health Center*

### **Kuwait, 4 August 2025**

Driven by its commitment to fostering a supportive work environment and leading positive change in Kuwait's banking sector, Burgan Bank hosted Emotional Aid workshop, in collaboration with Anara, at its head office. The workshop was delivered by Dr. Kim Dillen, PhD, a licensed neuropsychologist with extensive experience in mental health care, brain imaging, and neuropsychological assessment, to select senior staff members across various departments, equipping them with the necessary skills to become Burgan Bank's trusted Emotional Wellness Champions. This initiative, which was widely met with enthusiasm from across the Bank's different departments, is part of an expansive program guided by its mission to become an employer of choice and maintain its status as a Great Place to Work®.

“Burgan Bank extends its ongoing commitment to instilling mental health as a fundamental pillar of its corporate work culture. Prioritizing our employees’ health and safety stems from our belief that a balanced environment is a catalyst for growth and creativity.” said Ms. Zahra Boarki, Senior Manager – Internal Communication at Burgan Bank.

She added: “We are committed to maintaining a robust a series of internal events and activities that seek to enrich all aspects of our employees’ lives, bolstering their physical and mental wellbeing at all times. This comes as part of the Bank's strategy to foster flexible and sustainable work environment standards, focused on achieving a work-life balance and becoming the employer of Choice Our mission is to an employer of choice that prioritize employee development: emotionally, mentally and professionally.”

The Emotional Aid workshop marks a significant step forward in promoting employee wellness and setting a new standard for employee care at Burgan Bank. To ensure its sustainability, the initiative follows a top-down design, which prepares managers and equips them with the necessary knowledge and tools to respond adequately to their team’s need for personal as well as professional support and guidance.

As a bank that is “Driven by You”, Burgan Bank recognizes that fulfillment is key to outstanding performance and innovation, thus sparing no effort to meet its employees’ diverse needs for holistic personal and professional growth, beginning with mental, physical, and emotional wellness. It is worth noting that Burgan Bank launched numerous activities and programs to support employees’ health and well-being, aiming to create a safe, comfortable and empowering work environment, this includes an internal clinic, a mother’s room for new moms, reduced working hours throughout the week, as well as paid leave options such as self-care days leave, paternity leave, marriage leave and birthday leave. The bank also launched various programs to support employee talents and encourage them to be part of its strategy.

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### About Burgan Bank

Established in 1977, Burgan Bank is a Kuwait-based conventional bank with a significant focus on the corporate and financial institution sectors. From its earliest days, the Bank has significantly sought to diversify its offering to cater to its growing retail and private banking customer base.

Burgan Bank has majority-owned subsidiaries, collectively known as the “Burgan Bank Group”, in the MENAT region. This Group is supported by one of the largest branch networks across the region and includes: Gulf Bank Algeria –



AGB (Algeria), Tunis International Bank – TIB (Tunisia), Burgan Bank Turkey (Turkey) and United Gulf Bank (Bahrain). Furthermore, Burgan Bank has a presence in the UAE through its corporate office, Burgan Financial Services Limited.

The Bank has continuously improved its performance over the years, through an expanded revenue structure, diversified funding sources, and a strong capital base. The adoption of state-of-the-art services and technology has positioned it as a trendsetter in the domestic market and within the MENA region. Moreover, Burgan Bank's brand has been built on a foundation of real values – trust, commitment, excellence, and progression – which serve as a reminder of the high standards to which the Bank always aspires. In fact, the Bank's core philosophy of 'Driven by You' is the foundation on which its products and services are continuously developed.

Burgan Bank has achieved the LEED v4.1 O+M: EB Gold Certification for its Head Office in Kuwait City. The Bank has also obtained the ISO/IEC 27001: 2022 Information Security Management Systems certificate (ISMS), ISO /IEC 27701:2019 Privacy Information Management Systems (PIMS), ISO/IEC 20000-1: 2018 Information Technology Service Management System (ITSMS) and was re-certified with the prestigious ISO 9001:2015 Quality Management System (QMS), making it one of the few banks in the GCC and Kuwait to receive such certification for five consecutive times. At the same time, the Bank has the distinction of being the only Bank in Kuwait to have won the JP Morgan Chase Quality Recognition Award for twenty consecutive years. Moreover, in a testament to its dedication to the development of its human capital, Burgan Bank is the first bank in Kuwait to be certified as a Great Place to Work®, earning the distinct honor in 2023.

Burgan Bank is a majority-owned subsidiary of KIPCO (Kuwait Projects Company), one of the largest holding companies in the MENA region.